















# **Human Change Processes**

## **Program of the 14th Summer School**

**Virtual Conference** 

June, 8<sup>th</sup> – 10<sup>th</sup>, 2022

**Psychotherapy Research – Neuroscience – Nonlinear Complex Systems** 

The Summer Schools on Human Change Processes are a forum for exchange in psychotherapy feedback, process research, practical innovations, neuroscience and neuromodulation, team and organizational development, and social sciences

### **Organizers and Sponsors**

- Institute of Synergetics und Psychotherapy Research, Paracelsus Medical University Salzburg
- European Academy of Sciences and Arts
- Center for Complex Systems
- German Society for Systemic Therapy and Family Therapy (DGSF)
- Ludwig-Maximilian University Munich, Department of Psychology
- Society for Psychotherapy Research, Complexity Science in Psychotherapy Special Interest Group
- European Association for Psychotherapy
- Mind Force Society Institute for Complexity Studies

#### **Scientific Organizer**

Prof. Dr. Günter Schiepek and Prof. Dr. Franco Orsucci

#### **Participation Fees:**

50 Euro (students: 25 Euro). Single days: 20 Euro (students: 10 Euro).

#### Registration

#### www.humanchangeprocesses.com

By assignment of the participation fee to the bank account:

Hypo-Bank Salzburg

IBAN: AT195500011100006603

SWIFT: SLHYAT2S

Recipient and intended purpose: Summer School

### **Web Pages**

<u>humanchangeprocesses.com</u> <u>christian-doppler-klinik.at</u> <u>pmu.ac.at</u> <u>ccsys.de</u>

#### Wednesday, June 8th, 9:00h – 18:30h

Opening Günter Schiepek Wolfgang Sperl Wolfgang Aichhorn

Human change and complex systems science
Klaus Mainzer

What if? Mental health as a complex system and implications for interventions of the future Claudi Bockting

10:30h - 11:00h Coffee Break

Modeling dynamic factorial changes in clinical process - Implications for the application of questionnaires in intensive longitudinal settings Holger Brandt

Nonverbal processes in mentalizationbased therapy Marie Skaalum Bloch, Stine Steen Hoegenhaug

12.30h - 13:30h Lunch Break

Phase Transitions in time series and text data from the perspective of qualitative and AI methods in a single case

Tine Kolenik, Philipp Garrison, Günter Schiepek

Sense making and dimensionality in psychotherapy research Alessandro Gennaro

15:15h - 15:45h Coffee break

Can psychotherapeutic processes be described as a dynamic system? *Giulio de Felice* 

Visualization of Dynamical Systems and Networks
Frederick D. Abraham

Vibrotacile Coordinated Reset fingertip stimulation – treating Parkinson's with a vibrating glove Peter Tass

# Thursday, June 9th, 9:00h – 18:30h

The complex dynamics of coevolution in human change *Franco Orsucci* 

Dynamic connectivity of metasupervison, supervison, and psychotherapy processes assessed by the Synergetic Navigation System (SNS) Nuša Kovačević Tojnko, Tatjana Rožič, Miran Mozina, Günter Schiepek

10:30h - 11:00h Coffee Break

The modeling of the process. A micro-analytic approach Sergio Salvatore

Personalized Psychotherapy – idiographic and nomothetic modeling and case formulation *Günter Schiepek, Helmut Schöller* 

12:30h – 13:30h Lunch Break

Formalizing case formulations: Current approaches and future directions Julian Burger

Computational modeling as a tool for treatment planning: The example of cognitive behavioral therapy for panic disorder *Don Robinaugh* 

15:00h - 15:30h

The best of both worlds? General change principles in personalized daily self-ratings
Merlijn Olthof, Fred Hasselman,
Anna Lichtwarck-Aschoff, Anna
Bosman, Günter Schiepek, Guido
Strunk, Benjamin Aas, Daniela
Müller, Silvia Scholz, Nora
Daniels-Wredenhagen

A Copernican shift of perspective on the self: suggestions from the history of philosophy, Buddhism, neuroscience and selforganization Christine Skarda

#### Friday, June 10th, 9:00h-14:00h

The unity and diversity of knowledge. A naturalistic approach based on theories of selforganization

Dirk Schulte-Tickmann

Injury prediction with the SNS in elite Sports

Alexander Schorb, Günter Schiepek

Implementing SNS to the SFU Outpatient Clinic at Ljubljana Matej Vajda, Miran Možina

11:15h - 11:45h Coffee Break

Potential clinical effects of the Synergetic Process Management beyond hypnopsychotherapy (ASH) – a Randomized Clinical Trial Viola Hoffknecht, Günter Schiepek

Early warning signals in phase space: Geometric resilience loss indicators from Multiplex Cumulative Recurrence Networks *Fred Hasselman* 

Common practices in detecting psychological early warning signals may lead to incorrect results Jingmeng Cui, Anna Lichtwarck-Aschoff, Merlijn Olthof, Fred Hasselman

#### **Contributors and Affiliations**

Benjamin Aas

Systelios Health Center Academy, Siedelsbrunn, Germany

Fred Abraham, PhD

Administrator GMS Scholarship Fund

Positions at Silliman, UVM, & other Universities

Prof. Dr. Wolfgang Aichhorn

Director of the University Hospital for Psychiatry, Psychotherapy, and Psychosomatics, Paracelsus Medical University, Salzburg, Austria

Marie Skaalum Bloch

Center for Mentalization, Aarhus, Denmark

Prof. Claudi L. Bockting, licensed clinical psychologist

Amsterdam UMC, Department of Psychiatry and co-director Centre for Urban Mental Health, University of Amsterdam

Anna Bosman

Behavioural Science Institute, Radboud University, Nijmegen, NL

Prof. Dr. Holger Brandt

Methods Center, University of Tübingen, Germany

Julian Burger, PhD

Department of Psychology, University of Amsterdam, NL; Department of Psychiatry, University Medical Center Groningen, NL

Jingmeng Cui

University of Groningen, Faculty of Behavioural and Social Sciences, Nieuwenhuis Institute for Educational Research, NL

Nora Daniels-Wredenhagen

Systelios Health Center Academy, Siedelsbrunn, Germany

Giulio de Felice, MSc, DPsych, PhD (Dynamic Psychology M-PSI/07).

Associate Professor Xenophon College – University of Chichester, UK

Adjunct Professor Sapienza University of Rome, Italy

Alessandro Gennaro, PhD

Department of Dynamic and Clinical Psychology, Sapienza University of Rome, Italy

Philipp Garrison, MSc

University of Applied Sciences, Fulda, Germany

Fred Hasselman, PhD

Professor at the Behavioural Science Institute, Radboud University, Nijmegen, NL

Stine Steen Hoegenhaug

Outpatient Clinic of Anxiety and Personality Disorders, Northern Region, Denmark

Tine Kolenik

Master in Cognitive Science, Assistant Lecturer

Department of Intelligent Systems, Jožef Stefan Institute for Advances Studies, Ljubljana, Slovenia

Anna Lichtwarck-Aschoff, PhD

Full Professor & Head of the Department, Faculty of Social Sciences (Department Child & Family Studies), Rijksuniversity Groningen, NL

Prof. Dr. Klaus Mainzer Emeritus of excellence of the Technical University Munich, Germany President of the European Academy of Sciences and Arts

Mag. Miran Možina SFU Ljubljana, Slovenia

Daniela Müller

Systelios Health Center Academy, Siedelsbrunn, Germany

Merlijn Olthof

Behavioural Science Institute, Radboud University, Nijmegen, NL

Prof. Franco F. Orsucci, MD, DPsych, MRCPsych

Professor at the University College London, UK and Head of the Mind Force Society, Institute for Complexity Studies, Rome, Italy

Don Robinaugh, PhD

Northeastern University and Massachusetts General Hospital, USA

Tatjana Rožič, PhD

Assist. Prof., SFU Ljubljana, ŠRCD, Slovenia

Sergio Salvatore, PhD

Professor at the Sapienza University of Rome, Italy

Prof. Dr. Günter Schiepek

Head of the Institute of Synergetics and Psychotherapy Research, Paracelsus Medical University, Salzburg University Hospital for Psychiatry, Psychotherapy, and Psychosomatics, Paracelsus Medical University, Salzburg Department of Psychology, Ludwig Maximilian University Munich, Germany

Dr. Helmut Schöller

Institute of Synergetics and Psychotherapy Research,

University Hospital for Psychiatry, Psychotherapy, and Psychosomatics, Paracelsus Medical University, Salzburg

Silvia Scholz

Systelios Health Center Academy, Siedelsbrunn, Germany

Dr. Alexander Schorb

University Hospital for Psychiatry, Psychotherapy, and Psychosomatics, Paracelsus Medical University, Salzburg

Dirk Schulte-Tickmann, PhD

Technical University Darmstadt and Integrative School Gießen-Ost, Germany

Christine Skarda, PhD

California, USA

Prof. Dr. Wolfgang Sperl

President of the Paracelsus Medical University, Salzburg, Austria

Guido Strunk, PhD

Complexity Research, Vienna, Austria; FH Campus Vienna, Vienna, Austria; Technical University Dortmund, Germany

Peter A. Tass, M.D., Ph.D.

Professor of Neurosurgery, Department of Neurosurgery, Stanford University School of Medicine <a href="https://med.stanford.edu/tass-lab">https://med.stanford.edu/tass-lab</a> <a href="https://profiles.stanford.edu/peter-tass">https://profiles.stanford.edu/peter-tass</a>

Nuša Kovačević Tojnko, PhD SFU Ljubljana, Pamina Maribor, Slovenia

Matej Vajda SFU Ljubljana, Slovenia